

Aspirin and NSAID Allergy

You have been advised by your allergist to avoid aspirin (acetylsalicylic acid) and NSAIDs (non-steroidal anti-inflammatory drugs). Listed below are many of the common over-the-counter medications containing aspirin or NSAIDs. If you are instructed to take one of these medications by another physician, you must consult with your allergist first. Please feel free to contact us with any questions.

Please note: This is NOT a complete list. Always check medication labels and ask your physician or pharmacist if medications contain aspirin or NSAIDs, as these must be avoided.

Non-Prescription Products Containing Aspirin (acetylsalicylic acid)

Brand Names:

- Akyma aspirin
- Alka-Seltzer
- Anacin
- Ascriptin
- Bayer aspirin
- BC Powder
- Bufferin
- Ecotrin
- Excedrin
- Goody's headache powder
- Stanback headache powder
- St. Joseph aspirin

Generics:

- Any over-the-counter pain and/or fever reducer that contains aspirin (acetylsalicylic acid is the generic term listed in the ingredients). Remember to read the labels!

Non-Prescription Products Containing NSAIDs (ibuprofen and naproxen sodium)

Brand Names:

- Advil (including "cold and sinus") – contains ibuprofen
- Aleve – contains naproxen sodium
- Flanax – contains naproxen sodium
- Midol "cramps and body aches" formulation – contains ibuprofen
- Motrin – contains ibuprofen

Generics:

- Any over-the-counter pain and/or fever reducer and/or "cold and sinus" medication that contains ibuprofen or naproxen sodium listed in the ingredients
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Prescription Medications Containing Aspirin or NSAIDS

- Please consult with your allergist regarding your prescription medications that may contain aspirin or NSAIDs. These medications are often used for arthritis, acute or

chronic pain (including Toradol injections), and inflammatory disorders. In addition, aspirin can be found in combination with other heart medication.

- You must inform your other physicians and pharmacist about your aspirin and NSAID allergy.

Safe Alternatives

Please discuss safe alternatives with your doctor. Some possibilities are listed below:

- Tylenol (acetaminophen) – over the counter
- Celebrex - prescription
- Trisalate - prescription
- Disalcid – prescription

Of Note: Salicylates found in peaches do not cross-react with aspirin (acetylsalicylic acid), thus peaches are safe and do NOT need to be avoided.