

**Antihistamines to avoid 3-5 days prior to your allergy visit if skin testing is needed.**

**Please note that this is not an all inclusive list. If you have questions or do not feel it is safe to stop your medication please call us at 312-922-3815.**

**First Generation**

<b>Brand Name</b>	<b>Generic Name</b>
Aller-Chlor	Chlorpheniramine
C.P.M.	Chlorpheniramine
Chlo-Amine	Chlorpheniramine
Chlor-Allergy	Chlorpheniramine
Chlor-Mal	Chlorpheniramine
Chlor-Trimeton	Chlorpheniramine
Chlorphen	Chlorpheniramine
Allerhist-1	Clemastine
Contact 12 Hr. Allergy	Clemastine
Tavist-1	Clemastine
Periactin	Cyproheptadine
Polaramine	Dexchlorpheniramine
Actifed Sinus Day	Diphenhydramine
Aler-Dryl	Diphenhydramine
Benadryl	Diphenhydramine
Calm-Aid	Diphenhydramine
Compoz Nighttime	Diphenhydramine
Diphedryl	Diphenhydramine
Diphen-Allergy	Diphenhydramine
Genahist	Diphenhydramine
Hydramine	Diphenhydramine
Nytol	Diphenhydramine
Scot-Tussin Allergy	Diphenhydramine
Sominex	Diphenhydramine
Twilite	Diphenhydramine
Tylenol PM	Diphenhydramine
Unisom Sleepgels	Diphenhydramine
Atarax	Hydroxyzine
Rezine	Hydroxyzine
Phenergan	Promethazine
Promethazine	Promethazine
Prorex 25 & 50	Promethazine
PBZ & PBZ-SR	Tripelennamine

**Second Generation**

<b>Brand Name</b>	<b>Generic Name</b>
Zyrtec	Cetirizine
Allegra	Fexofenadine
Alavert	Loratadine
Claritin	Loratadine
Clarinx	Desloratadine
Xyzal	Levocetirizine

**H2 Antihistamines**

<b>Brand Name</b>	<b>Generic Name</b>
Zantac	Ranitidine
Pepcid	Famotidine

**Herbal Supplements**

<b>Brand Name</b>
Licorice
Green Tea
Saw Palmetto
St. John's Wort
Feverfew